


Pease Porridge Hot*

Rhythm chant

England



Pease por-ridge hot. Pease por-ridge cold. Pease por-ridge in the pot nine days old.



Some like it hot! Some like it cold! Some like it in the pot nine days old.

* "In the sixteenth and seventeenth centuries, peasants could not afford meat. They would prepare a large kettle of thick porridge made of peas over a hot fire. Meals were centered on 'pease' porridge, and an assortment of vegetables were added to the recipe. The porridge would cool overnight, and in the morning, the fire was rekindled and more vegetables were added. The original porridge could very well have been nine days old!"